



# BARC FALL SOCCER 2021 – Rev (5). September 15, 2021

Heath Guidelines and Soccer Programing  
Soccer Commissioner: Christine Bouchard  
Soccer Technical Coordinator: Coleman Akey

## Objective:

To conduct a soccer season for the Ballston area community that follows safety and health guidelines and is as close to a regular season as possible. Games and practices will take place Monday – Thursday at 6p or Saturday between 10a-2:30p.

## Health and Safety Guidelines at the BARC fields:

### Arrival:

- Face coverings must be worn **at all times** at the BARC fields for unvaccinated spectators & staff.
- Players participating in the program do not need to wear masks when outside, but do need to when entering the building.
- At the check in table, upon arrival, all parents must complete the COVID Health and Safety questionnaire for their child or show a verification that they completed it earlier that day.
- Maintain 6 feet from other participants when arriving and checking in.
- If you or your child do not feel well or are sick, do not come.

### During play:

- Unvaccinated coaches will wear protective face covering whenever a distance of 6 feet from all players is not able to be maintained.
- Face coverings/masks will be required in the BARC building for everyone, & for unvaccinated spectators anywhere on the property.
- Players will be strongly encouraged to bring their own ball for practices and we will sterilize game balls before each game and whenever necessary during a game.
- Players **can not** share equipment such as gloves or goalie shirts.
- Players must bring their own water bottle. **No food allowed.**

### Spectators:

- **All spectators must wear masks if unvaccinated & must maintain social distancing.**
- Stay home if you have tested positive or are showing any signs of COVID-19 (symptoms listed below).

### Facilities & Fields:

- Restrooms will be available, but we encourage all participants to attempt to use their restroom at home prior to coming to the field to help minimize the use of the facilities. Restrooms will be sanitized each night prior to the start of soccer and at the end of the evening.
- Hand Sanitizer will be available at the fields at the check in table.
- When not on the field of play, players will sit a minimum of six feet apart.
- Only staff are allowed in the soccer shed. If you need something, please ask your coach.

## Health and Safety Guidelines at Home:

- Report any illness to the Soccer Commissioner, Christine Bouchard.
- Wash your hands and your personal equipment before you come and after you leave.
- If you do not feel well, please do not come.

- If you have any concerns, please email ([cbouchard0820@icloud.com](mailto:cbouchard0820@icloud.com)) or find the Soccer Commissioner, Christine Bouchard on the field.

### **Health Screening Guidelines and Expectations for Safe Activities:**

Upon arrival at the fields, parents/guardians must ensure a thorough self-health screen is completed for your player(s). If any of the following symptoms are present do not bring your player(s) or spectator to the fields:

- Elevated temperature, defined as a temperature 100 or greater.
- Symptoms such as upper respiratory distress (cough, shortness of breath, difficulty breathing), headaches, body aches, nausea, diarrhea, or a new loss of taste or smell.
- If you become aware that a participant has been exposed to someone that has tested positive for COVID-19.
- If your player(s) or family member is presently waiting the results of a COVID-19 test due to related symptoms or contact with a COVID-19 positive person.
- Your player(s) or family member is presently positive for COVID-19 and on a formal quarantine.
- Your player(s) or immediate family has been subject to a required quarantine due to a local, state, or federal issued guideline or order.

Thank you for your understanding and cooperation in helping us execute a successful program!

### **Soccer Program Staff**

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