



# BARC Enrichment- Saratoga Ninja Lab Program

## Fall 2021

Heath Guidelines and Soccer Programing  
Program Coordinator: Ryan Cummings

### **Objective:**

To conduct enrichment programs for the Ballston Area community that follows safety and health guidelines and is as close to a typical enrichment program as possible. Sessions will take place Saturday mornings from 10a-11:30a at Saratoga Ninja Lab in Malta, 9 Stonebreak Road, #3, Malta, Ny 12020.

### **Health and Safety Guidelines at the program site:**

#### **Arrival:**

- Face coverings are optional at the Saratoga Ninja Lab facility, but recommended for anyone who is not vaccinated.
- All participants must check in with staff at arrival.
- Maintain 6 feet from other participants when arriving and checking in.
- If you or your child do not feel well or are sick, do not come.

#### **During play:**

- BARC staff will wear protective face covering whenever a distance of 6 feet from all participants is not able to be maintained.
- Participant social distancing: Staff will be onsite to maintain social distancing of participants.

#### **Facilities:**

- Restrooms will be available, but we encourage all participants to attempt to use their restroom at home prior to coming to the program.
- Hand Sanitizer will be available onsite.
- Courses are cleaned and disinfected daily.

### **Health and Safety Guidelines at Home:**

- Report any illness to the Program Coordinator, Ryan Cummings.
- Wash your hands before you come and after you leave.
- If you do not feel well, please do not come.
- If you have any concerns, please email ([cummings.ryan38@gmail.com](mailto:cummings.ryan38@gmail.com)) or find the Program Coordinator, Ryan Cummings onsite.

### **Expectations for Safe Activities:**

If any of the following symptoms are present do not bring your player(s) or spectator to the program:

- Elevated temperature, defined as a temperature 100 or greater.
- Symptoms such as upper respiratory distress (cough, shortness of breath, difficulty breathing), headaches, body aches, nausea, diarrhea, or a new loss of taste or smell.
- If you become aware that a participant has been exposed to someone that has tested positive for COVID-19.
- If your player(s) or family member is presently waiting the results of a COVID-19 test due to related symptoms or contact with a COVID-19 positive person.

- Your player(s) or family member is presently positive for COVID-19 and on a formal quarantine.
- Your player(s) or immediate family has been subject to a required quarantine due to a local, state, or federal issued guideline or order.

Thank you for your understanding and cooperation in helping us execute a successful program!

**Program Staff:**

Ryan Cummings, Enrichment Coordinator- [cummings.ryan38@gmail.com](mailto:cummings.ryan38@gmail.com)