



BARC Indoor Tennis 2021 – rev. October 20, 2021

Heath Guidelines and Soccer Programing
Tennis Commissioner: Mark Rabideau

Objective:

To conduct a tennis season for the Ballston area community that follows safety and health guidelines and is as close to a regular program as possible. Sessions will take place Mondays evenings.

Health and Safety Guidelines at the BARC fields:

Arrival:

- Face coverings must be worn **by everyone at all times** during the program. School policy requires masks for everyone while in the school.
- At the check in table, all parents must check in their child(ren).
- Maintain 6 feet from other participants when arriving and checking in.
- If you or your child do not feel well or are sick, do not come.

During play:

- Staff & players will wear protective face coverings at all times.
- Players must bring their own racquet.
- Any shared equipment such as tennis balls will be sterilized at the end of each session.
- Players must bring their own water bottle. **No food allowed.**

Spectators:

- **Space for spectators is extremely limited at this program so we ask that you wait in your car or out in the hallway if you must stay, however, all spectators who do stay in the building must wear masks & must maintain social distancing.**
- Stay home if you have tested positive or are showing any signs of COVID-19 (symptoms listed below).

Facilities:

- Restrooms will be available, but we encourage all participants to attempt to use their restroom at home prior to coming to the field to help minimize the use of the facilities. Restrooms will be sanitized each night.
- Hand Sanitizer will be available at the check in table.
- When not on the court, players will sit a minimum of six feet apart.

Health and Safety Guidelines at Home:

- Report any illness to the Tennis Commissioner, Mark Rabideau.
- Wash your hands and your personal equipment before you come and after you leave.
- If you do not feel well, please do not come.
- If you have any concerns, please email (mrabideau@bscsd.org) or find the Tennis Commissioner, Mark Rabideau on the court.

Expectations for Safe Activities:

If any of the following symptoms are present do not bring your player(s) or spectator to the fields:

- Elevated temperature, defined as a temperature 100 or greater.
- Symptoms such as upper respiratory distress (cough, shortness of breath, difficulty breathing), headaches, body aches, nausea, diarrhea, or a new loss of taste or smell.
- If you become aware that a participant has been exposed to someone that has tested positive for COVID-19.
- If your player(s) or family member is presently waiting the results of a COVID-19 test due to related symptoms or contact with a COVID-19 positive person.

- Your player(s) or family member is presently positive for COVID-19 and on a formal quarantine.
- Your player(s) or immediate family has been subject to a required quarantine due to a local, state, or federal issued guideline or order.

Thank you for your understanding and cooperation in helping us execute a successful program!

Tennis Program Staff

Mark Rabideau, Tennis Commissioner: mrabideau@bscsd.org